

**VEDANTA SOCIETY OF PROVIDENCE**

227, Angell Street, Providence, RI 02906227

**Spiritual Retreat**

Saturday, March 23, 2019 9:30 am – 7:00 pm

REGISTRATION FORM

Name \_ \_ \_ \_ \_

M/F \_\_\_\_\_ Age \_\_\_\_

Address \_ \_ \_ \_ \_

Tel. ( \_ \_ ) \_ \_ \_ \_

Email \_ \_ \_ \_ \_

I am interested in joining the spiritual retreat and am enclosing the donation of \$20.00\*/30.00 herewith in cash/check.

(\*Discounted fee till Mar 14)

Signature

(Make the check payable to: Vedanta Society of Providence)

CUT HERE - SEND/SUBMIT THIS UPPER PART WITH THE PAYMENT; RETAIN THE SLIP BELOW WITH YOU

**Vedanta Society of Providence**

227 Angell Street, Providence, RI 02906227 ph. 401-421-3960 web: vedantaprov.org

**SPIRITUAL RETREAT on**

**Saturday, Mar 23, 9:30 am – 7:00 pm**

**PROGRAM**

09:30-09:40 am	Introduction & Prayers
09:40-10:20	Guided Meditation
10:20-11:00	Hatha Yoga/Ti Chi
11:00-11:20	Coffee Break
11 :20-12: 40 pm	Discourse 1 and q-a on VEDANTIC MINDFULNESS
12:50-1:30	Lunch
1:30-2:00	Devotional Music
2:00-3:00	Vedantic Tales (Swami Yogatmananda)
3:00-4:30	Discourse 2 – VEDANTIC MINDFULNESS
4:30-5:00	Coffee-break
5:00-6:00	Question-answers
6:15-7 :00	Rama-Naama Samkirtanam

Received \$ 20.00/30.00 in cash/check as Donation for the abovementioned retreat

Received by

**(Please bring this slip with you for the retreat)**